



# WHEN YOU'RE BUSY TAKING CARE OF OTHERS, DON'T FORGET TO TAKE CARE OF YOURSELF.



## Schedule a Well Woman Exam at Arlington Physicians Network.

This annual exam focuses on breast and reproductive health, as well as other issues that impact your health and well-being. Dr. O'Neale can also help you with medical treatments, diabetes management, hypertension care, and more.

Don't put it off any longer – call today.

Dr. Signe O'Neale

